

DR. JENNIFER GENTRY

HEALTH CARE SERVICES CONTRACT

Welcome to the office of Dr. Jennifer Gentry. This document contains all the important information about our professional services and business practices. Please read it carefully and ask any questions you have about the information.

Naturopathic medicine requires an active effort on your part, and in order to be successful, you will need to be willing to make certain lifestyle, behavioral, and/or dietary changes. Naturopathic Medicine takes a comprehensive approach to wellness, focusing on the body, mind, and spirit. Naturopathic medicine can be very effective in treating both acute and chronic illness and is considered preventative in nature. Your initial visit is an information gathering session that allows Dr. Jennifer Gentry to better evaluate your health care needs and then choose appropriate therapeutic treatments. If you have any questions or concerns, please let the doctor know at your initial visit, so they may be addressed immediately.

Naturopathic Medicine: A Naturopathic physician is trained as a general family practitioner. Naturopathic physicians combine modern laboratory and physical diagnostic tools with natural, nontoxic therapies that encourage the body's inherent healing abilities. Some of the treatments may include nutrition, herbal medicine, homeopathy, counseling, chiropractic manipulation, physiotherapy, electrotherapy, natural supplementation, and other natural remedies.

Acupuncture and Traditional Chinese Medicine: Acupuncture is a five thousand year old medical tradition based on clinical observation and treatment. Diagnosis in Traditional Chinese Medicine and Acupuncture is based on observation, interview, pulse and tongue diagnosis, and other tools. Following an assessment, treatment may involve acupuncture, cupping, moxabustion, electrotherapy, bleeding, massage, and manipulation, TDP heat lamp, or other traditional treatments. Acupuncture involves the placement of sterile one-time use disposable needles into specific points on the body.

Homeopathy

Homeopathy is a system of medicine based on the Law of Similars that was founded over 200 years ago by Samuel Hahnemann, MD (1755-1843). A homeopathic remedy is an FDA approved medicine that consists of a very dilute substance. When given to someone who is healthy, a homeopathic remedy can bring about the same symptoms it can cure. When given to someone suffering from those symptoms, the body is stimulated to heal on its own and the symptoms resolve. Hence, the name, the Law of Similars, or like cures like. There are no side effects when using homeopathic remedies and no interactions to worry about. These remedies are safe to use on the youngest and most elderly patients.

Western and Traditional Chinese Herbal Medicine: Herbal medicine is based on clinical and laboratory research, as well as hundreds of years of folk medicine to address specific therapeutic goals. Herbal medicine may be prescribed as a tincture, capsule, tea, or solid extract for oral supplemental, or for topical or rectal application. Other forms of herbal treatments include aromatherapy and flower essences.

The right plan for you may be a combination of these therapies, which can be addressed, in your first visit.

Patient Signature (or Parent or Legal Guardian): _____ Date: _____

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EXPERIENCE AND TRAINING OF OUR PHYSICIAN

Dr. Jennifer Gentry, N.M.D. is a Naturopathic Physician. Naturopathic medicine is an emerging field that incorporates the training and knowledge of conventional medicine with a holistic, natural treatment paradigm. Naturopath Doctors are considered experts in natural medicine and are considered functional medicine doctors. Naturopathic doctors are considered family medicine doctors in the state of Arizona. Like other doctors, Naturopathic Doctors complete a four-year undergraduate degree, followed by a four-year doctorate of medicine in a school accredited by the board of education. Therapeutic modalities include homeopathy, botanical medicine, clinical nutrition, hydrotherapy, acupuncture, physical medicine. Using these methods, Naturopathic physicians are able to work with patients to restore health from the inside out safely and effectively, avoiding or limiting the use of harmful drugs and invasive surgeries.

Dr. Jennifer Gentry, N.M.D. attended Southwest College of Naturopathic Medicine in Tempe, Arizona and hold active medical licenses with the state of Arizona.

PATIENT RIGHTS

- You have the right to be treated with courtesy, respect and dignity.
- You have the right to know the process through which services are offered, including the general course of treatment, and with whom you will be working.
- You have the right to full confidentiality. All transactions and records within this office are kept strictly confidential. Your records may be released only when requested in writing by you, or when required by law.
- You have access and may request copies of your information at any time.
- You have the right to request that the physician not make notes in the chart pertaining to sensitive matters.
- You have the right to know and understand the practitioner's assessments and recommendations. These will be given to you at each visit including therapeutic goals, success of treatment, and proposed duration of treatment. If this is unclear please ask.
- If a medication is prescribed, or any other specific treatment is recommended, you have the right to know what the medication or treatment is, why it is being prescribed, what is the expected outcome, and the reasonable expected general side effects.
- You have the right to access other community services and the right to select and change practitioners. If you are interested in other practitioners or therapeutic modalities, please ask.
- You have the right to refuse service.
- You have the right to assert your rights as described within this document at any time without retaliation or fear of negative consequence.
- You as a patient have the right to full knowledge of fees.
- You have the right to know of any changes to services or charges and you will be notified.

Patient Signature (or Parent or Legal Guardian): _____ Date: _____

HEALTH CARE SERVICES CONTRACT
FINANCIAL POLICY

Office Fees:

New Patient	2025
Low complexity- 30 min	\$325
Moderate Complexity- 1 hr (Average Visit)	\$375
High complexity- 1 hr +	\$420
Return Patient	
Minor Complexity- 15 min (Acute Visit)	\$110
Low complexity- 30 min (Average Visit)	\$125
Moderate Complexity- 45 min	\$150
High complexity- 1 hr +	\$170
Other	
Blood Draw	\$20
Established patient, Acupuncture Only	\$125
Established patient, Spinal Manipulation Only	\$55

- Our fees are based on insurance requirements that use time and complexity of your condition to determine a fair and appropriate fee for your visit. Fees do not reflect time only.
- Telemedicine prices are the same charge as in office appointments. Fees are not based on time alone.
- The typical first visit is Moderate complexity and is a full hour.
- The typical follow up appointment is low complexity lasts 30 minutes.
- Additional fees may apply accordingly but will always be expressed before treatment.
- Prices are subject to change as our overhead expenses change.
- We require payment at the time of your visit.
- Calvo Naturopathic is not a provider for Medicare, Medicaid, AHCCCS, TriCare, or any other insurance carrier.
- When requested, we will provide you with invoices that include diagnosis codes that may be used to submit for reimbursement for Private insurance carriers, Health Sharing Accounts or Health Savings Accounts.
- There is a \$35 fee for returned checks.
- If you would like to request special payment plan due to financial hardship, please discuss this with our office before your appointment is scheduled.
- We consider an appointment to be an agreement between you and our office. We reserve that time exclusively for you. There are wait lists of other patients that would gladly take your spot. Please be respectful and notify the office if you cannot make your appointment.
- **You are responsible for the entire appointment fee if you do not notify us 24 hrs in advance.**
- Unavoidable emergencies will be considered reasonable exceptions.
- Prices are subject to change as our overhead expenses change. We will attempt to inform you, but if you have not been seen recently, please ask when making your appointment.

Patient Signature (or Parent or Legal Guardian): _____ Date: _____